Med-Peds Section Annual Update 2010 Allen Friedland, MD, FACP, FAAP Section Head, Combined Internal Medicine – Pediatrics

The med-peds section has **22** active members in New Castle County with **19** members with some of their job description as part of Christiana Care Health System.

- 1. **Sangeeta Bhattacharya**, MD; Christiana Pediatric Hospitalists (CCHS)
- 2. **Tony Bianchetta**, MD; primary care med-peds HealthCare Center at Christiana (CCHS); associate program director med-peds program
- 3. **Allison Buonocore**, MD; primary care med-peds HealthCare Center at Christiana (CCHS); med-peds faculty
- 4. **John Donnelly**, MD; primary care med-peds HealthCare Center at Christiana (CCHS); assistant program director internal medicine program; med-peds faculty
- 5. **Daniel Elliott**, MD, MSCE; Co-director of Ambulatory Medicine Research and Clinical Outcomes (CCHS Department of Medicine); primary care med-peds Wilmington Hospital Health Center(CCHS)
- 6. **Allen Friedland**, MD; primary care med-peds HealthCare Center at Christiana (CCHS); program director med-peds program
- 7. **Eugene Glavin**, MD; radiology resident (CCHS)
- 8. **Robert Heinle**; MD; pediatric pulmonary medicine (duPont Hospital for Children)
- 9. **Trisha Jordan**, MD; Christiana Pediatric Hospitalists (CCHS)
- 10. Poorwa Kenkre, MD: Limestone Medical & Pediatrics at Christiana Care (CCHS)
- 11. **Renee McDonough**, MD; Rockwood Family Medicine at Christiana Care (CCHS)
- 12. **Shilpa Mehta,** MD; primary care med-peds at Bear Internal Medicine & Pediatrics
- 13. **Erin Meyer**, DO; Christiana Care Hospitalist Partners (adult hospitalist); Christiana Pediatric Hospitalists (CCHS)
- 14. **Nancy Fleurancois**, MD; Christiana Care Hospitalist Partners (adult hospitalist) and primary care med-peds HealthCare Center at Christiana (CCHS)
- 15. **Kendall Ritz**, MD; Brandywine Center for Integrative Medicine
- Rani Singh, DO; HIV Community Program (CCHS); Christiana Pediatric Hospitalists (CCHS); med-peds faculty; Director of the Inpatient Medicine Service at Wilmington Hospital
- 17. **Monica Snowden**, MD; Christiana Care Rheumatology (CCHS)
- 18. **Irene Szeto**, MD; primary care med-peds in Newark, Delaware
- 19. **Seth Torregiani**, DO; Osteopathic manipulative treatment for inpatients with residents (CCHS) and private practice of Osteopathic Manipulative Therapy
- 20. **Jennifer LeComte**, DO; Pediatrics Chief Resident; Transition Care Practice\
- 21. Adam Rudnick, MD; Rockwood Family Medicine at Christiana Care (CCHS)
- 22. **Elizabeth Muth,** MD; Christiana Care Hospitalist Partners (adult hospitalist); Christiana Pediatric Hospitalists (CCHS)

Awards to Med-Peds physicians 2008-2010

- 1. 2010 Delaware Valley's Favorite Kids' Docs, MetroKids Family resource magazine (Allen Friedland, MD and John Donnelly, MD)
- 2. 2009 Top Doctor, Delaware Today Magazine (Allen Friedland, MD and Monica Snowden, MD)
- 3. 2009 Society of General Internal Medicine; Hamolsky Award finalist for best abstract submitted by junior faculty (Dan Elliott, MD) for "Systemic Barriers to Diabetes Management in Primary Care"; Miami Florida

- 4. 2009 Physician Ambassador to Pediatrics Practice Program (Allen Friedland, MD)
- 5. 2008 Young Physician Award, Medical Society of Delaware (Dan Elliott, MD)
- 6. 2008 Physician Ambassador to Adult Medicine Office (John Donnelly, MD)
- 7. 2008 President's Award to School Health Committee Members, Medical Society of Delaware (Tony Bianchetta, MD and Allen Friedland, MD)
- 8. 2008 Delaware Today Magazine"40 People to Watch Under 40" (Allen Friedland, MD)

Presentations by Med-Peds physicians 2008-2010 (non resident core lectures)

- 1. Allen Friedland, MD and Jen LeComte, DO; Wilmington New Castle Pediatrics Association Annual Meeting; "Transition Your Patients, The Right Way"
- 2. Rani Singh, DO; Pediatrics Grand Rounds; "Omega 3 fatty Acids: What is all the Buzz About"; May 2010
- 3. Seth Torregiani, DO; Pediatrics Grand Rounds; "Integrated Medicine in Pediatrics"; May 2010
- 4. Allen Friedland, MD; Association of Program Directors in Internal Medicine Education Precourse; "The Power of Whole Brain Thinking: How Your Thinking Preferences Influence Your Leadership Style- Strengthen Your Communications, Creativity and Problem Solving Capabilities"; May 2010
- 5. John Donnelly, MD; Association of Program Directors in Internal Medicine Workshop; "Developing New Models of Ambulatory Education"; May 2010
- 6. Daniel Elliott, MD, MSCE; Pediatrics Grand Rounds; "Health Care Reform"; May 2010
- 7. Allen Friedland, MD; Northeast Med-Peds Regional Meeting; SUNY Buffalo; "The Med-Peds Community: Where are we Going?"; April 2010
- 8. Allen Friedland, MD; Western Med-Peds Regional Meeting, UCLA; "The Med-Peds Community: Where are we Going?"; April 2010
- 9. Allen Friedland, MD; Midwest Med-Peds Regional Meeting, Medical College of Wisconsin; "Financial Planning for Young Physicians"; February 2010
- 10. Tony Bianchetta, MD; Nemours Health and Prevention Services and Medical Society of Delaware; "Healthy Kids, Healthy Learners; Why is it Important for Students to Be Physically Active"
- 11. John Donnelly, MD and Jennifer Genuardi, MD; duPont Hospital for Children Faculty Development Program workshop leaders; "Defeating Clinical Cognitive Bias with Teaching Strategies"; April 2009
- 12. Allen Friedland, MD FACP, FAAP; Med-Peds Program Directors' Association Annual Meeting; "The Truth About Med-Peds Electives" May 2009
- 13. Dan Elliott, MD, MSCE; "Epidemiology and Study Design." 2009 CCHS Internal Medicine Faculty Development Conference.
- 14. Dan Elliott, MD, MSCE; "Systemic Barriers to Diabetes Management in Primary Care: A Qualitative Analysis of Delaware Physicians" May 2009 Society of General Internal Medicine Annual Conference, Miami, FL.
- 15. Dan Elliott, MD, MSCE; Systemic Barriers to Diabetes Management in Primary Care. Christiana Center for Outcomes Research (CCOR) Conference, July 2009 CCHS
- 16. Dan Elliott, MD, MSCE; "Empiric Antibiotic Treatment for Non-Drainable Skin and Soft-Tissue Infections in the Era of Community-Acquired Methicillin-Resistant Staphylococcus Aureus." Christiana Center for Outcomes Research (CCOR) Conference, July 2008 CCHS & Elliott DJ, Zaoutis TE, Loh AB, Troxel A, Keren R. Empiric Antibiotic Treatment for Non-Drainable Skin and Soft-Tissue Infections in the Era of Community-Acquired Methicillin-Resistant Staphylococcus Aureus. Pediatric Academic Societies Annual Meeting 2008, Honolulu, HI.

- 17. Allen Friedland, MD FACP, FAAP; American College of Physicians, National Conference and Exhibition Spring Workshop; "Happy Birthday Med-Peds: 4 Decades of Quality Patient Care. Residency Training for Med-Peds: How has it progressed and where is it going", April 2009
- 18. Rob Heinle, MD. Asthma Update: Diagnosis and Therapeutic Modalities, Invited Speaker, World Asthma Day, Nemours/duPont Hospital for Children, Wilmington, DE, May 5, 2009.
- 19. Rob Heinle, MD. Pulmonary Pearls for the Med-Peds Physician, Invited Speaker, Northeast Med-Peds Meeting, Newark, DE, April 18, 2009.
- 20. Rob Heinle, MD. Pulmonary Complications of Neuromuscular Diseases, Invited Speaker, Pediatric Grand Rounds, Nemours/duPont Hospital for Children, Wilmington, DE, Jan 28, 2009.
- 21. Dan Elliott, MD, MSCE; Northeast Med-Peds Meeting, Christiana Care Health System; "Making Quality Improvement Worth It", April 2009
- 22. Allen Friedland, MD FACP, FAAP; Northeast Med-Peds Meeting, Christiana Care Health System; "I Got Educated the Med-Peds Way", April 2009
- 23. Allen Friedland, MD and Jennifer Genuardi, MD; Association of Program Directors in Internal Medicine Chief Resident Conference; "One Chief, Two Chief, Three Chief, More? The Medicine Chief Resident's Role Across Specialties", April 2009
- 24. Medical Society of Delaware, School Health Committee, Healthy Living Day 2008. "What a 7th Grader Needs to Know" (Tony Bianchetta, MD; Allison Buonocore, MD; Allen Friedland, MD)
- 25. War on Asthma: Arming the General Pediatrician, Invited Speaker, Pediatrics Conference, Montgomery Hospital, Norristown, PA, Dec 3, 2008. (Rob Heinle, MD)
- 26. Rob Heinle, MD. Pulmonary Aspects of Duchenne Muscular Dystrophy, Invited speaker, Muscle Summit 2008, Muscular Dystrophy Association, Wilmington, DE, Nov 22, 2008.
- 27. Rob Heinle, MD. Pulmonary Aspects of Spinal Muscular Atrophy, Invited speaker, Muscle Summit 2008, Muscular Dystrophy Association, Wilmington, DE, Nov 22, 2008.
- 28. Rob Heinle, MD. Pulmonary Overview: Promoting Function and Preventing Infections, Invited speaker, 5th Annual Ullrich/Bethlem Patient and Family Meeting, The Children's Hospital of Philadelphia, Aug 2008.

Posters/Abstracts and Publications Presented by Med-Peds physicians 2008-2010

- 1. **Friedland A,** Salam H., Kaelber D. "Med-Peds Program Directors Professional Activities" April 2010 Med-Peds Program Director's Association Annual Meeting
- 2. **Friedland A, Packard J, Elliott D**. "Impact of a Regional Med-Peds Meeting on Student Interest in Med-Peds" April 2010 Med-Peds Program Director's Association Annual Meeting
- 3. Justice E, **Kao R, Bianchetta T, Friedland A.** "Librarian & Med-Peds Teaching Resident Collaboration: Library Informatics and Evidence-Based Pediatrics Showcased" April 2010 Med-Peds Program Director's Association Annual Meeting
- 4. Frohna J, **Friedland A,** Raslich M, Aronica M. "Do Med-Peds Graduates Maintain Dual Board Certification?" April 2010 Med-Peds Program Director's Association Annual Meeting
- 5. **Friedland A,** Salam H., Kaelber D. "Med-Peds Program Directors Professional Activities" April 2010 Med-Peds Program Director's Association Annual Meeting
- 6. Singh S, Bacon A Young C, Couch K. "In Vitro 24-Hour Time Kill Studies of Vancomycin and Linezolid in Combination versus MRSA": Antimicrobial Agents and Chemotherapy; Oct 2009, 4495-4497.

- 7. E. Ewen, **D.J. Elliott**, T.A. Simon, J. Jackson, W.S. Weintraub. "Contraindications to Anti-Coagulation and the Decision to Initiate Warfarin Therapy in Non-Valvular Atrial Fibrillation". Society of General Internal Medicine Annual Conference 2009, Miami, FL.
- 8. Colleti C, **Elliott DJ**, Zubrow M. Resident Perceptions of an Integrated Remote ICU Monitoring System. Society for Critical Care Medicine Annual Meeting 2009.
- 9. Stofferahn M and **Donnelly J.** "Acute Tongue Swelling in a Patient Not Taking Lisinopril: Not Always Angioedema". February 2009 Delaware American College of Physicians Student Poster Presentation
- 10. Epstein R, Milasincic N, **Friedland A and Elliott D**, "Using a Patient Blog to Identify Potential Adverse Drug Reaction"; February 2009 Delaware American College of Physicians Student Poster Presentation
- 11. Mindel J and **Elliott D**. "Signet Ring Cell Adenocarcinoma Presenting as an Aggressive Hypercoagulable State, 2009
- 12. **Friedland A**, Aronica M, Caiola E, Kaelber D and Med-Peds Program Directors Association Recruitment Committee and National Med-Peds Resident's Association Executive Committee; "Associations Between Internal Medicine-Pediatric Specific Electives And The Med-Peds Match" May 2009 Med-Peds Program Director's Association Annual Meeting
- 13. **Friedland A**, Riesenberg LA, **Bianchetta T**, **Buonocore**, **Donnelly J**"Learning...Your Way at Christiana Care Health System" May 2009 Med-Peds Program Director's Association Annual Meeting
- 14. **Friedland A**, Melgar T, Kaelber D, Cull W, Chamberlain J, Kan B. "The impact of combined pediatric residency programs on the educational experience of the categorical pediatric residents"; April 2009 Association of Pediatric Program Directors and Med-Peds Program Director's Association Annual Meeting
- 15. **Friedland A**, **Queller H**, Paul D. "Field Trip: A Novel Way to Improve Anticipatory Guidance for Resident Physicians and Medical Students"; April 2009 Association of Pediatric Program Directors and Med-Peds Program Director's Association Annual Meeting
- Elliott, DJ, Zaoutis, TE, Troxel, A, and Keren, R. Empiric Antibiotic Treatment for Non-Drainable Skin and Soft-Tissue Infections in the Era of Community-Acquired Methicillin-Resistant Staphylococcus Aureus. *Pediatrics* 2009;123;e959-e966.
- 17. **Elliott, DJ**, Zhao, L., Jasper, SE, Klein AK, Weintraub WS. Health Status Outcomes after Cardioversion for Atrial Fibrillation: Results from the Assessment of Cardioversion Using Transesophageal Echocardiography (ACUTE) II Trial. American Heart Journal. 156(2):374.e1-6, 2008 Aug.

Leaders of Local Committees 2008-2010

- 1. HIV Committee (SGIM) (Rani Singh, DO)
- 2. Co-chair, Planning Committee Annual Meeting 2010, Delaware American College of Physicians (John Donnelly, MD)
- 3. Chair, Planning Committee Annual Meeting 2011, Delaware American College of Physicians (Rani Singh, DO)
- 4. Co-chair, Planning Committee Annual Meeting 2009, Delaware American College of Physicians (Rani Singh, DO)
- 5. Chair, Legislative Committee, American College of Physicians (Dan Elliott, MD, MSCE)
- 6. Vice chair, Credentials Committee, Department of Medicine (Allen Friedland, MD)
- 7. Chair, Bylaws Committee, Department of Medicine (Allen Friedland, MD)

- 8. Chair, Child Health Education Committee, Delaware American Academy of Pediatrics (Allen Friedland, MD)
- 9. Medical Advisor, Delaware Society for Respiratory Care (Rob Heinle, MD)
- 10. Expert Reviewer, KidsHealth of the Nemours Foundation (Rob Heinle, MD)

We have 16 med-peds residents in training in our 4 year program. We are so proud of their accomplishments and accolades.

Awards for Med-Peds Residents 2008-2010

- 1. 2010 Spirit of Women, Health Care Hero Award Nominee (Nancy Fleurancois, MD)
- 2. 2009 Howard Schubiner Award from National Med-Peds Residents Association (Jen Packard, MD)
- 2. 2009 Physician Ambassador to Adult Medicine Office (Brad Bley, DO)
- 3. 2009 CCHS Medical Dental Staff Award, Best Resident Abstract; Long Term Morbidity and Healthcare Utilization Amongst Uninfected Children with Perinatal HIV Exposure" (Tequa-Salehi-Rad, DO)
- 4. 2009 Teacher of the Year by Internal Medicine Students (Jennifer LeComte, DO)
- 5. 2009 CCHS Medical Dental Staff Award, Best Case Report; "Laxative Induced Buttock Dermatitis" (Cherilyn Hall, MD)
- 6. 2009 Dr. John W. Maroney Award for excellence in ambulatory care (selected by pediatric faculty members) (Tequa-Salehi-Rad, DO)
- 7. 2008 Howard Schubiner Award from NMPRA (Jen Genuardi, MD)
- 8. 2008 Humanitarianism Award for pediatrics residents (Jennifer Genuardi, MD)
- 9. 2008 CCHS Medical-Dental Staff Award: "Teaching General Pediatric Principles to Housestaff Using Interactive Product Demonstration." (Hayley Queller, MD)
- 10. 2008 Delaware Chapter American Academy of Pediatrics Award (Hayley Queller, MD)

Publication and Presentations by Med-Peds residents 2008-2010

- 1. Pediatric Exercise Intolerance: A Case Based Review of Evaluation and Management (Brad Bley, DO and Aaron Chidekel, MD)
- 2. Commotio Cordis in a 17-Year-Old Baseball Catcher (Hayley Queller, MD) Pediatric Cardiology (2010) 31:689–692
- 3. Spontaneous Factor XI Inhibitor Presenting as Bilateral Subdural Hematomas in a 67 Year-Old Male; Delaware ACP Meeting 2010 (Jen Packard, MD)
- 4. Hurry Up and Wait: The Identification of *S. Intermedius* Delaware ACP Meeting 2010 (Candace Wilson, MD and Dena Florcyzk)
- 5. The Curious Etiology of Toxic Epidermal Necrolysis Delaware ACP Meeting 2010 (Eun Strawser, DO)
- 6. Venous Thrombosis, Pulmonary Embolism and Factor VII Deficiency Delaware ACP Meeting 2010 (Mark Troiano)
- 7. Librarian Med-Peds Teaching Resident Collaboration: Library Informatics and Evidence-Based Pediatrics Showcase (Roy Kao MD; Tony Bianchetta MD; Allen Friedland MD)
- 8. Oscam's Razor Not Always Right, in AIDS Keep Hickam's Dictum in Sight; February 2009 Delaware American College of Physicians Poster Presentation 1st Place Winner (Bobby Gulab MD and Tequa Salehi-Rad, DO)
- 9. "Index of Suspicion: A Case of Intestinal Malrotation." Pediatrics in Review; 2008; (29); 25-30 (Cherilyn Hall, MD)
- 10. 2008 National ACP poster finalist "Extramedullary plasmacytoma presenting as a mediastinal mass in an HIV-positive patient" (Jennifer Pelli Packard, MD)

- 11. Bisphosphonate-induced hypocalcemia secondary to severe occult vitamin D deficiency; Delaware ACP Meeting 2009 (Mina Rim, MD)
- 12. Primary CNS lymphoma: a challenging diagnosis; Delaware ACP Meeting 2009 (Roy Kao, MD)
- 13. Medical Society of Delaware, School Health Committee, Healthy Living Day 2008. "What a 7th Grader Needs to Know" (Karla Testa, MD; Sam DeCouto, DO; Jamie Fountain, MD, Nancy Fleurancois, MD)

Grand Rounds 2008-2010

- 1. "Getting the Facts: Another Adventurous Day in the Life of an Attending, a Resident, and the Medical Librarians" Pediatric Grand Rounds (Roy Kao, MD)
- 2. "Pet Associated Zoonoses" (Jamie Fountain, MD)
- 3. "Infant Feeding" (Matt Dunn, MD)
- 4. Seborrhea, Atopic Dermatitis and Psoriasis (Adam Rudnick, MD)
- 5. "Getting the Facts: Another Adventurous Day in the Life of an Attending, a Resident, and the Medical Librarians" Medicine Grand Rounds (Roy Kao, MD)

Positions

- 1. 2010 Delaware State Osteopathic Medical Society; resident/young physician liaison (inaugural) (Jen LeComte, DO)
- 2. 2009 Resident Council, Secretary (Matthew Dunn, MD)
- 3. 2009 National American Academy of Pediatrics Representatives (Candace Wilson, MD; Karla Testa, MD; Jen LeComte, DO)
- 4. 2009 Medical Society of Delaware Resident Fellow Section (RFS) Representative (Nancy Fleurancois, MD)

Research in Med-Peds Resident Practice

Pediatric Research in the Office Setting, American Academy of Pediatrics; "Prevalence of Secondary Sexual Characteristics in Boys Seen in Office Practice"

Northeast Med-Peds Meeting and Med-Peds 20^{th} Year Reunion 2009

Jennifer Pelli Packard, MD; Organized the Northeast Med-Peds Regional meeting and 20 year medpeds residency program reunion; April 2009; over 100 attendees came to these events. There were attendees from as far away as California, Florida, New Hampshire and Ohio

Advocacy

- 1. LIFE Program (Nancy Fleurancois): see next page
- 2. Food Bank of Delaware

Life changing behaviors Improving health

Fitness & Fun

Empowering & Educating

Health Promotion & Disease Prevention In the Faith-Based Community (HPDP) CCHS & AI DuPont AAP Grant in collaboration with the Body & Soul Program sponsored by Crozer-Keystone Health & Macedonia Church

<u>KICK-OFF EVENT:</u> Sunday August 16th@ the Chester Community Health Fair & Block Party

This Exciting Program is my part of my advocacy project made possible by a grant from the American Academy of Pediatrics (AAP)

The goal of this program is to be an outreach in an urban community to educate and reach at risk children and adults who often don't access healthcare. The program will be formatted as monthly 2hr events called L.I.F.E. Classes.

L.I.F.E. Class Agenda: * times TBA

Sunday August 30th at 2:00 pm Obesity/Weight Management & "Burn Baby Burn" Exercise Class

Sunday September 27th at 2:00 PM Nutrition/Healthy Meals Information & Cooking/Grilling Class

Saturday October 17th Afternoon*- Immunizations/Health Screenings & Flu Shot Clinic

Saturday November 14th Evening*-Depression Info Session & "Sing your Blues Away Concert"

Saturday December 5th Evening* Diabetes Management/ Educator & Sugarless Desert Party

Saturday January 16th Afternoon* Cardiovascular Health/Meet the Docs! &"New Start for Your Heart"

We would like for residents to participate in these life classes as instructors, screeners or advisors. Each session will have 2 separate classes for adults and children

There will also be a Q&A segment at the end of each session where you can be part of our panel to answer participant's questions.

This is an excellent opportunity to help and work in the community; build your presentation skills, improve your patient education skills and even looks great on your resume! Thank you so much for agreeing to be part of this exciting community advocacy project! Sincerely

Nancy Fleurancois, MD Med-Peds PGY-4